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JANUARY 27 2016

CHARTER MEMBERS WELCOME PARTY!



Charter

members (those joining before January 22, 2016) enjoyed a lively and informative party at the home of Barbara and Clif Lando on January 22, 2016. Members were given a chance to get to know each other and learn in detail about activities available to them. In addition to many volunteer and vendor services, our members will be able to enjoy workshops such as Boost Your Brain (see more below), We will offer Tai Chi, yearly home inspections with fire alarm and extinguisher checks and member and volunteer sponsored workshops or other opportunities depending on your interests. Please let us know what we can do to make AAH Fairbanks suit your needs. We welcome and encourage our members to contact us with descriptions of workshops they would like to facilitate, or requests for workshops they would like to attend.

We also encourage our members to give us the names of vendors that they have used and trusted and would like to see included in our vendors list.

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SAVE THE DATES!!

On **February 24 at 5:30** Aging at Home Fairbanks will host a pot luck for members, potential members, donors and volunteers at the Senior Center. Please mark your calendar and plan to attend this gathering designed to help you meet our helpers. Please bring anyone you know who might be interested!

Tuesdays and Thursdays in May from 3:30 to 4:30 Ellen Weiser will conduct one of the eight sessions of the workshop Boost Your Brain. This engaging program, more than just word games and puzzles, is a video guided, workbook provided course in the theory and practice of getting the most out of what we have to work with. This workshop is free to members and \$50.00 to the community at large. The dates are May 3,5,10,12,17,19,24,26 at the Senior Center.

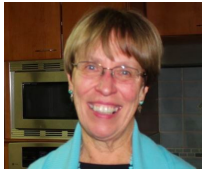
The Taoist Tai Chi Society is willing to conduct a three week workshop to introduce our members to this low impact, highly effective balance and strength work. The dates will be determined by the amount of interest so please call the office and let us know if you would like to participate.

MEET THE STEERING COMMITTEE

Aging At Home Fairbanks got its start in December 2014 when a small group of concerned people said "let's do it." During 2015, in an OLLI Special Interest Group chaired by Barbara Lando and 'Nanne Myers heard a presentation of the nationwide Village to Village Network program which received enough interest that a working committee formed itself and laid the groundwork for what is now our own organization, part of the Village to Village Network. We are most thankful to Darlene Supplee, Senior Center Director, for providing office space and enabling our legal formation under the North Star Council on Aging.

Here are the current members of the Steering Committee, which functions as a committee under the direction of the Board of Directors of the North Star Council on Aging.

We are currently seeking additional members for the steering committee, and the fundraising, events and publicity committees. if you are interested in joining this group, please call Ellen at 799-4026 for an application.



Barbara Lando -Chairman: I came to Alaska in 1969 to take a position at the University of Alaska. After retiring as Professor Emerita of Mathematics and Computer Science, I worked as Alaska State Director for Elderhostel. This led in 2001 to my work in developing the Osher Lifelong Learning Institute at UAF, and more recently Aging at Home Fairbanks.



Mary Ann Borchert - Vice-chairman & Publicity & Fundraising committee chairman: I came to Fairbanks in 1971 to work at UAF in research and administration, and retired 20 years ago. I have volunteered for many organizations over the years, including Literacy Council, Hospice, OLLI, AARP Tax Aide, and Fairbanks Symphony. I am currently on the boards of Retirement Community of Fairbanks (Raven Landing) and the Association for Women in Science, Alaska chapter.



Rheba Dupras - Secretary: For 30 years I worked as a librarian at UAF. Now retired, I have several volunteer activities, including service as an officer for the Fairbanks Library Foundation which supports the Noel Wien Library and North Pole Branch Library. I love animals, especially cats, and if you request a volunteer to help with care for your pets I may be our AAH Fairbanks volunteer who helps you!



Nanne Myers - Treasurer and Vendor Coordinator: After arriving in Fairbanks 1969 in the army, I spent 29 years with the university, first as UAF faculty in the WAMI medical program, then as Assistant VP Academic Affairs for UA Statewide. A founding member of the North Star Dance Foundation, I've also served on the boards of Alaska State Council of the Arts, Fairbanks Concert Association, OLLI, Pollution Control Commission, and Interior Weatherization.



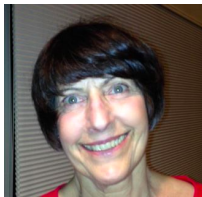
Diana Lingle - Volunteer Coordinator: I have lived in Fairbanks since 1990 and am currently a volunteer with the American Cancer Society and Hospice. I am a retired RN, former high school teacher and long ago a newspaper reporter.



Donna Dinsmore - Event committee chairman: I was born in Detroit, Michigan and moved to Bethel, Alaska in the mid 60s. I moved to Fairbanks in 1979 after living for 5 years in Perth Australia. I retired from teaching for the FNSBSD in 2010. I have served on the boards of OLLI,



the Friends of the Museum and LWV, chairing their book club since 2003. I am excited to be a part of AAH.



Ellen Weiser - Program Director and Ex Officio member: My husband and I moved to Fairbanks in 2008, left for South America and Europe for two years in 2012 and now are back to stay. I have had Executive Director experience at UAF as the coordinator of the Resilience and Adaptation Program and in Philadelphia as the E.D. of a small museum, the Democratic Party of Montgomery County and a nonprofit dedicated to open space landscaping. I look forward to serving you in AAH Fairbanks.

GROWING AND GROWING

We are one month old and growing by leaps and bounds. So far we have 38 members in either the individual or household categories! As you know, this organization provides a unique service to older adults here in Fairbanks and we encourage you to tell your friends! The more members we have, the more people we have to share their talents, experiences, jokes and conversation!

We have 42 volunteers ready and waiting to help our members with tasks both large and small. We have had 8 service requests so far for airport pick-ups, small household repairs; moving items too heavy for one person, cleaning and assistance in filling out forms. Our volunteer system is working quite well. Remember, help is just a phone call away - 799-4026.

OUR DONORS KEEP US STRONG

In addition to our membership fees, \$400.00 per individual and \$600 for a household, we depend on donations to give us the ability to provide programs and activities for our members. To date we have received generous financial donations from Mary Ann Borchert, Neal Brown, Susan and Doug Crevensten, Sandy Dauenhauer, Donna Dinsmore, Linda Distad, Rheba Dupras, Mary Farrell, Tony Gasbarro, Betty Ruth George, Jean James, Barbara Horner-Miller, Pat Lambert, Barbara Lando, Don Leistikow, Diana Lingle, Mary Matthews, Margaret Mullins, Marilyn Nigro, Diane Parrett, Pat Rawert, Joan Robson, Susan Royston, Darlene Supplee, Jo Swarner, Margaret Van Flein, Judy Wilson, We have also received a donations of equipment by the Senior Center,

Donations are greatly welcome and can be made by credit card from our website, by check in the mail or in person by appointment.

[Done](#)